

## Attachment A: Initiatives and Initial Populations of Focus

In 2017 North Sound ACH submitted its approach to the Medicaid Transformation Project in a Project Plan<sup>1</sup>. The [Project Plan](https://bit.ly/2G5gGzl) (<https://bit.ly/2G5gGzl>) was informed by our board leaders, as well as from input from community and regional stakeholders. In this document the North Sound ACH committed to pursuing initiatives in the following areas:

- Bi-directional Integration of Physical and Behavioral Health Services
- Addressing the Opioid Crisis
- Care Coordination
  - Community based
  - To improve transitions of care
  - To divert patients from inappropriate, frequent emergency care
- Access to Oral Health services
- Improving reproductive and maternal/child health services
- Management of chronic diseases

The North Sound ACH is seeking clinical and non-clinical partners **currently working** in one, some or all of these areas.

### Populations of Focus

Our eventual goal is that everything North Sound ACH does impacts all people who live in the region, even though we are initially focusing on small subsets of Medicaid enrollees. If we are successful in how we implement the initiatives, providers will eventually carry these improvements to all their patients and clients, thereby impacting our entire region.

Because our funds are limited, we have identified some starting points for the initiative areas, where impact and learnings can be measured. One of our starting points was selecting populations we would focus on first. We will learn from our work with these populations and then spread what works to other groups. The people we want to focus on first include those who:

- Have co-occurring physical and behavioral health issues
- Struggle with opioid addiction
- Frequently use the Emergency Department as their primary access to care
- Experience homelessness
- Are of childbearing age, and considering family planning options
- Are kids with multiple ACES (adverse childhood experiences)
- Experience health disparities

This population list is not intended to describe separate or exclusive populations.

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<sup>1</sup> You can find the North Sound ACH Project Plan on [this web page](https://bit.ly/2G5gGzl) (<https://bit.ly/2G5gGzl>) with links to the individual project areas as described in November 2017.

# North Sound ACH Medicaid Transformation Initiatives

## Care Coordination

Launch Hub to improve care coordination and communication across settings, and strategies around diversion from ED and jail, and at transition points of care.

## Care Transformation

Implement targeted initiatives that transform delivery of care in primary care, oral health and community based settings.



## Care Integration

Align Bi-Directional Integration with work plan to achieve Integrated Managed Care, working with behavioral and physical health; align oral health in primary care.

## Capacity Building

Workforce, HIE/HIT, Value Based Payment, assessment that cross initiatives and partners across the region.

## Initial Strategies to Implement with Partners



### Care Coordination

- Support CCAs and community health workers
- Improve coordination / communication between emergency departments, hospital discharge, BH, law enforcement, courts
- Support cross-partner coalitions for people who interact frequently with medical, social services, law enforcement, and first responders



### Care Transformation

- Implement regional opioid plan
- Increase rate of intended pregnancies
- Increase capacity among BH and PH providers for children with ACES
- Support DHAT expansion
- Increase availability of evidence based tools to manage chronic disease



### Care Integration

- Clinical integration of physical and behavioral health
- Integrate oral health in primary care settings
- Financial integration to integrated managed care
- Training for BH and PH partners on integration



### Capacity Building

- Workforce assessment on readiness, capacity and needs
- Assessment of HIE/HIT status and strategies to optimize interoperability
- Improve partner readiness to take on VBP contracts
- Assessment of readiness for MCO billing
- Invest in billing support for BH partners

#### Abbreviations:

**CCAs** Care Coordinating Agencies

**BH** Behavioral Health

**PH** Physical Health

**ACEs** Adverse Childhood Experiences

**DHAT** Dental Health Aide Therapist

**MCO** Managed Care Organization

**HIE** Health Information Exchange

**HIT** Health Information Technology

**VBP** Value Based Payment